



## Christmas - We are the Light

### ~ A Meditation

*I create, with my awareness, an economy that centers around people, around life, around the life of all of us, around animal life and nature. I envision a cycle of life, and we take care that everyone on this planet will be included in this living cycle of producing and consuming. That is the sole mandate for policy-makers. I myself contribute to that process to the best of my ability.*



### ~ The measure point is People

*I understand that it is people who create their economy. It is not the economy that makes people or society. People are not there to support the economy (for instance, by having to consume more). The economy is there to serve people. Therefore, economic policy needs to be focused on the human being, that he can live - healthy and strong. When we do that first, then the economy (production and distribution of what we need) will naturally be all right. For that reason, it is now time to let go of the lead of National Product indicators (like GDP) that force us into a straitjacket of more and more. And 'national' only pitches us against each other as nations. Whereas economy really thrives through interdependent connection and cohesion. Instead, we will now measure our economy by the People/Quality (P/Q) indicator. Thus we will keep track if all People are participating in the cycle of the economy – and nobody is excluded, and we will monitor the Quality of that participation. To learn more about this P/Q indicator, see: [www.maid-projects.org](http://www.maid-projects.org)*



### ~ What can I do?

*We can contribute to the establishing of a real economy – one that supports life — by activism, publishing our opinions, as a politician or still in other ways. However, first and foremost it is necessary to internalize and deepen the **meditation**. In the end, all that is manifest in the world stems from our thoughts. Leaders and the necessary structures will then come to be from this critical mass of right thinking people. On the contrary, if we are not clear-headed and if we do not break with the slave mentality of merely following what we are told by dominant paradigms, or fall in a pattern of only protest, then every so-called 'change of policy' will be not more than moving tables and chairs in a house that is collapsing.*